

Vita
 HEAD NECK & FACIAL
 Pain Relief Center

FOCUS ON DENTAL HEALTHCARE & TMJ

TMJ Treatment ... more than a Bite Guard.

Clifton, NJ ... Louis R. Vita, D.D.S., has built upon his family dentistry practice here to become one of northern New Jersey's leading authorities on the diagnosis and treatment of Temporomandibular Joint (TMJ) disorders.

The TMJ is the joint that connects the lower jaw to the upper jaw and head. It can be affected adversely by trauma from sports, accidents, dental problems such as extracted teeth, heredity and other causes.

Thousands of people suffer from pain associated with TMJ dysfunction. Symptoms may vary from severe headaches (particularly "migraine-like") to frequent nagging, throbbing annoyances. Often there are facial, neck and shoulder muscle aches, clogging and ringing from the ears, and clicking or popping during jaw movements and eating. In pursuit of appropriate diagnosis and treatment of TMJ anomalies, Dr. Vita formed the Vita Pain Relief Center to focus on the TMJ problems and relief for patients.

In dealing with their discomfort, patients often rely on multiple doses of over-the-counter pain medications or are given prescriptions by physicians to control the migraine-like headaches and other symptoms. Sufferers often seek the care of chiropractors, physical therapists and massage therapists. Their dentists

may also make bite guards to wear when sleeping which may provide some relief.

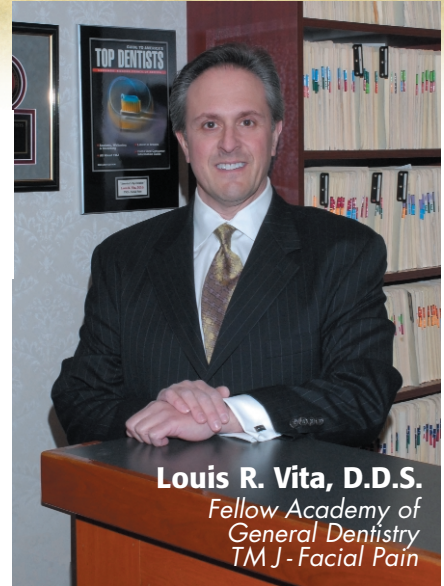
With all these efforts though, very often patients continue to suffer to some degree, often with levels of pain that can interfere with their work and social life, as well as disturbing their sleep.

Because TMJ problems were not understood by healthcare providers, sufferers were often told that their treatments were all that could be done. They were convinced that have reached the most comfort possible and that was the best they could feel.

This may not be accurate. Dr. Vita and his team at the Vita Pain Relief Center focus first and foremost on appropriate diagnosis. Simply being told one has "TMJ" is inappropriate.

Dr. Vita's team roots out the most detailed reasons for patients' pain and discomfort. They then are able to discuss the corrective measures necessary to address the causes of the pain. The treatments vary from each individual and are custom to the patient's particular problem.

Once the proper corrective action is taken, it is common for a patient to comment that "they thought they would never feel this well again!"



Louis R. Vita, D.D.S.
 Fellow Academy of
 General Dentistry
 TMJ - Facial Pain

Dr. Vita regularly presents the outcomes of his specialized work to other dentists, as well as physicians, chiropractors and radiologists so they better know what to recognize when their patients look for explanations for their discomfort and seek treatment. For example, he has spoken to groups of practitioners in various fields from northern New Jersey to Atlanta and Florida. Patients are referred to him by other dentists, physicians and others from as far away as Niagara Falls, New York.

He was recently honored as a finalist in the recent Hero of Health program sponsored by NJBIZ, the weekly business newspaper of New Jersey.

Dr. Vita says: "Our purpose is to help practitioners and their patients find ways to treat the pain associated with TMJ problems and then to eliminate them. We encourage practitioners or patients to call us to discuss the situations they are encountering."

For more information or to
 make an appointment call: **973-777-1933**
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